

# RESTLESS HEART RETREAT

“YOU HAVE MADE US FOR  
YOURSELF, O LORD, AND OUR  
HEART IS RESTLESS UNTIL IT  
RESTS IN YOU.”  
*ST. AUGUSTINE*

## MISSIONARY DISCIPLINSHIP RETREAT FOR YOUNG ADULTS



**Dcn. Jaime  
Gándara**



**Fr. Timothy  
Tarnacki**



**Emily  
Wilson**



**Fr. Stephen  
DeLacy**



**Andrea  
Hall**



**FEBRUARY 27 – MARCH 1, 2026**



**MOTHER BONIFACE SPIRITUALITY CENTER**



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# RESTLESS HEART RETREAT LEADERS



**FR. STEPHEN  
DELACY**

Fr. Stephen Delacy attended West Chester University for a degree in accounting. After graduation, he worked for a year and taught CCD. He responded to God's call to enter the St. Charles Seminary. He was ordained a priest in 2004 and was assigned to SS. Peter and Paul Parish while also leading retreats for the Malvern Retreat House and for Rachel's Vineyard. He then served as the School Minister at Archbishop Carroll High School and Pope John Paul II High School. He was then appointed as the Vocation Director for the Diocesan Priesthood for eight years. In 2021, Archbishop Perez made him his Vicar for Faith Formation with Youth and Young Adults.

Emily Wilson is a beloved daughter of the Father and a missionary passionate about seeing the Church come alive in her identity as the Bride of Christ. She splits her time between Heart of the Father Ministries – where she equips teams to pray for inner healing and freedom – and Blessed Sarnelli soup kitchen, serving the homeless as an in-residence volunteer. A California native, Emily followed Jesus to Villanova University, Honduras, Denver, and Philly. Emily enjoys a good smoothie bowl, exploring Longwood Gardens, and joining in praise and worship whenever she can.



**EMILY WILSON**



**FR. TIMOTHY  
TARNACKI**

Fr. Timothy Tarnacki is the Director of the Office for Ministry with Young Adults and a member of the Order of St. Paul the First Hermit (The Pauline Fathers & Brothers). He was born in Poland and as a teen emigrated with his family to the United States. He entered religious life in 2008 and in 2016 he was ordained to the priesthood. Since then Fr. Timothy has served in different pastoral and administrative positions at the National Shrine of Our Lady of Czestochowa in Doylestown, PA, working with youth and young adults, as well as with various prayer groups, leading Bible studies, workshops, and retreats. He is also the Vocation Director for the American Province of his religious community. In 2025 Fr. Timothy has received his doctoral degree in evangelization from the Catholic University of America.

Andrea Hall is the Associate Director of the Office for Ministry with Young Adults (OMYA). Throughout her time with the Archdiocese of Philadelphia, she has had the joy of leading various retreats, growing the Young Adult Conference, and spearheading the formation in missionary discipleship. Andrea Hall currently serves as the Director of Evangelization for the Philadelphia Chapter of Young Catholic Professionals and is a member of Saint Patrick Parish. In her free time, Andrea enjoys, exploring the broader Philadelphia area with her husband, reading, and meeting new people.



**ANDREA HALL**



**DCN. JAIME  
GÁNDARA**

Deacon Jaime Gándara was ordained in June of 2024 and currently serves the community of Saint Patrick in Norristown. He has been joyfully married to Jeanne Velasco-Gándara for 18 years. Together they have been involved in various ministries over the last 22 years, with a strong devotion to serving the youth and young adults in their parishes. He is originally from El Paso, Texas and holds Bachelor and Master of Science degrees in Civil Engineering from The University of Texas at El Paso. He is an Engineering Supervisor/Project Manager with the Philadelphia Water Department in stormwater management in the Green Stormwater and Stream Design Unit.